

## Find meaning from routines in life

“...train yourself to be godly.” 1 Timothy 4:7b

Life seems to be a simple routine: working from nine to five, doing food shopping, cooking, cleaning and doing laundry, taking care of family and kids, reading books, watching TV, checking emails and messages, watering plants, walking a dog or cleaning a cat’s litter box, etc.... Those routines sometimes make us bored. However, it is for sure that each routine gives us a little happiness.

Christians’ life looks like a series of routines, too: praying, reading the Bible, attending worship services, serving the community, etc. However, we need these routines because the routine is not a meaningless religious ritual but a way in which God molds and shapes us to become what God wants us to be. We need to repeat the spiritual disciplines over and over because we are not perfect. That reminds me of a poem written by Carol Wimmer, “When I say, “I am a Christian”

When I say, “I am a Christian”  
I’m not shouting, “I’ve been saved!”  
I’m whispering, “I get lost sometimes  
That’s why I chose this way”

When I say, “I am a Christian”  
I don’t speak with human pride  
I’m confessing that I stumble –  
Needing God to be my guide

When I say, “I am a Christian”  
I’m not trying to be strong  
I’m professing that I’m weak  
And pray for strength to carry on

When I say, "I am a Christian"  
I am not bragging of success  
I'm admitting that I've failed  
And cannot ever pay the debt

When I say, "I am a Christian"  
I don't think I know it all  
I submit to my confusion  
Asking humbly to be taught

When I say, "I am a Christian"  
I'm not claiming to be perfect  
My flaws are far too visible  
But God believes I'm worth it

When I say, "I am a Christian"  
I still feel the sting of pain  
I have my share of heartache  
Which is why I seek God's name

When I say, "I am a Christian"  
I do not wish to judge  
I have no authority  
I only know I'm loved.

We are not perfect, but we are trying. The season of Lent is coming again. Let us welcome this routine as an opportunity to grow meaningfully.

Your Pastor, Hannah